

APRIL 27, 2008

TIME: 12 NOON - 4 PM

Dirt Chicks Mountain Bike Camp 2008

Great for beginners and those who want to learn more skills!



Instructors:

*Nancy Gardner - former NORBA
Mountain Bike Racer*

Wendy Dodd - Outdoor Specialist

Where: *Snoqualmie area*

Cost: *\$55 (+tax)*

*Upon registration you will receive
an equipment list, waiver, emer-
gency form and directions .*

SKILL CAMP WILL COVER:

- Bike set-up
- Maintenance
- Trail manners
- Safety
- Climbing and descending skills
- Obstacles
- HOW TO HAVE FUN IN THE DIRT!



PERSONAL TRAINING TEAM, INC.

This camp is limited to 8 riders to ensure individual attention. Sign up is on a first come first serve basis, so be sure to get registered by contacting Personal Training Team, Inc.

by email; info@personaltrainingteam.com or calling 425-885-4825